

H Vial - 1

Saliva Specimen

General instructions for saliva collection: GP6-S, GP7-S, GP8-S, GP9-S, GP10-S, ASC, TRIC, T-SOL

Write your name and date of birth on all vials and on front of form.

60 minutes before collection: Avoid smoking, brushing or flossing your teeth, using mouthwash, and eating or drinking anything except water.

3-5 minutes before each collection: Rinse mouth thoroughly with cold water for approximately 30 seconds. Wash hands prior to handling vials.

Express enough saliva to fill at least **half** the tube excluding any foam.

Cap tightly, refrigerate and ship as instructed below.

B Vial - 1

Special Instructions for GP1G test- GI parasite, gross exam

NOTE: It is of utmost importance to use disposable latex or nitrile gloves throughout the collection procedure. Parasitic worms are frequently coated with eggs and infection can be easily spread via direct contact.

Procedure:

- Put on gloves. Twist off the cap from the "B" vial and place the vial on a level surface (or hold upright in hand). This vial should contain a light blue fluid for preservation (do not spill the fluid).
- Using tweezers or forceps, place **ONLY** the worm or worm-like object into the vial (do not include a sample of the stool).
- Dispose of tweezers. Twist the cap securely back onto the vial, making sure no fluid leaks out of the vial.
- Dispose of latex gloves in the trash and wash hands thoroughly. Send the vial to our laboratory in its original box via specified courier.

B Vials - 3

Fecal Specimens

Vial B is used when collecting for the following test(s): GP1, GP2B*, GP3 Cd, GP4, GP5, GP9-S**, GP10-S**

Please schedule sample collection so that you can ship on a Monday or Tuesday to ensure we receive your samples prior to the weekend.

Write your name, date of birth and date of sample collection on each vial and on front of form.

Restrictions: Avoid the following prior to collection:

- Bulk laxatives, osmotic and stimulant laxatives, and rectal suppositories for 3 days.
- Antacids, bismuth compounds, mineral oil, castor oil, activated charcoal, bentonite clay, enemas, and colonics for 1 week

For **stool** collection details, refer to diagram to right.

***GP2B, GP9-S, GP10-S. When collecting three (3) B vial stool samples, please collect each at least 24 hours apart. Refrigerate samples but DO NOT FREEZE.**

****If you are collecting for GP9-S or GP10-S, you will need to send a saliva specimen also per instructions for H-vial.**

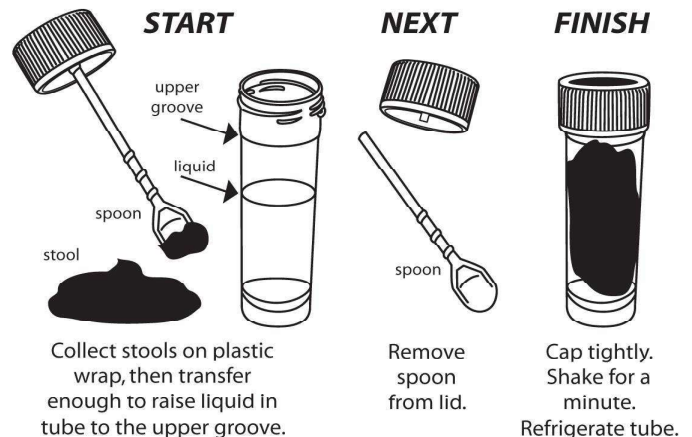
If you have more than one sample collection, wait and mail ALL specimens together.

Refrigerate all samples until mailing

PLEASE DO NOT FREEZE stool samples

Stool Collection Diagram for A & B Tubes

*Avoid urine and water contamination of stool samples.



Dates of Collection

B Vial # 1 _____
B Vial # 2 _____
B Vial # 3 _____

B Vial for GP1G test _____
H Vial (saliva) _____

RETURN SALIVA AND STOOL TOGETHER - DO NOT SHIP SEPARATELY

Date Mailed _____

STORAGE & MAILING INSTRUCTIONS FOR ALL SPECIMENS

- Ship samples on same day as last sample collection (preferred). If not, refrigerate samples; ship within 3 days.
- Write name, address, gender, birth date and collection date on requisition form.
- Write name and date of birth on all vials.
- Be sure required test orders are marked on the form. If not, please contact your provider for test orders.
- Include payment check or credit card information and copy of Medicare or insurance card if applicable.
- Place vials, requisition (test) form and payment into kit box.
- US Domestic:** Tuck front flap into box and seal with UPS mailing label (included in box). Place label within dashed lines and adhere over front edge.
Please send from your most convenient UPS location. • www.UPS.com/dropoff • 800.742.5877 •
- International:** Delivery charges still apply. International deliveries should be addressed to the physical address only, which is noted above. Do not address to the PO Box. Deliveries can be made Monday through Friday via a private courier of your choice.

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